

# SA MASTERS HOCKEY WORLD CUP NEWSLETTER 1

July 2019

We often hear the statement that we are living in interesting times, none more so than in the world of Masters Hockey! The spectre of sending 10 teams to the WMH World Cup 2020 definitely raises the adrenaline levels among the leadership team. This newsletter aims to provide all interested parties with relevant information pertaining to the World Cup journey.

We recently held a strategic planning session with the World Cup coaches and managers to ensure alignment toward achieving our goals and objectives. We are very happy with the outcome of the session and look forward to a fantastic journey. What stood out in our minds were the fact that the coaches and managers were adamant that players should be committed to a learning and innovative journey toward the WC 2020. Players will be challenged to maximize skills, physical conditioning and mental fortitude during this journey as we seek to become the best we can be.

## SUMMARY OF RELEVANT WORLD CUP INFORMATION:

- **Age Groups: 35+ & 40+ (Men & Women)**
- **Date: 08 August to 17 August 2020**
- **Venue: Nottingham, England**
  
- **Age Groups: 45+; 50+ & 55+ (Men & Women); 60 + & 65+ (Women)**
- **Date: 19 September to 29 September 2020**
- **Venue: Cape Town, South Africa.**

## Pre-requisites for participation:

- The squad leadership have been at pains to state categorically that the ability and willingness to learn and be receptive to new challenges are going to be essential to success for the player and the team.
- Players must be affiliated to SAHA – confirmation of registration is required, in writing, from the Provincial Hockey administrations, or your SAHA membership number.
- Must have a valid South African passport or be a permanent resident of South Africa.
- Participation in the selection process and Masters IPT in 2019.
- Must meet the age criteria:
- FIH Tournament rules:
- ***“1.5 In order to be eligible to compete in any Masters competition, a player must be over the designated age limit on the 31 December of the year of the relevant competition.***
- ***Players are permitted to participate in the lower age group. There is no limit to the number of players doing so.”***
- As per the above, we are willing to include players who will reach the designated age by/on 31 December 2020.
- Players who are unable to attend the Masters IPT and/or the selection process may apply for dispensation on good grounds to the SAMHA President on [president@samastershockey.co.za](mailto:president@samastershockey.co.za). The deadline for all dispensation applications are 26 July 2019.

## Teams:

- Our plan is to send 5 Men's and 5 Ladies teams to the World Cup in the following age groups: 35+; 40+; 45+; 50+ and 55+.

## COSTS

### WC Cape Town

We have estimated the total cost of the WC participation to be approximately R18 400 per person. The estimate is made up as follows:

- Accommodation (12 nights) : R 8 400
- Tournament transport : R 2 000
- Tournament levy : R 1 500 (\*\*\*) subject to change, dependent on WMH fees
- Miscellaneous : R 6 500 (Coaches/Managers subsidy; kit; etc.)
- **Total Cost** : **R18 400**

We will be attempting to reduce the costs as we firm up the process. The costs exclude personal expenses, flights and visa costs for those travelling from the rest of the country. The flights are to be arranged on an individual basis in accordance with team guidelines.

All attempts must also be made to get sponsorship per individual or team to reduce these costs.

### Commitment deposit schedule

An issue of importance remains commitment of players after selection. Previously a number of players made themselves available and once selected withdrew from the team. This created issues in terms of finalizing teams and ensuring adequate players in squads.

Deposit schedule WC Cape Town:

- 31 December 2019: R8 000
- 28 February 2020: R6 500
- 31 May 2020: R3 900

We understand that certain circumstances may prevent you from participating at the World Cup, i.e. injury. All withdrawals will be reviewed by the SAMHA Executive. A penalty fee will be applied to the deposit fee for player withdrawals as per the scale below:

- Cut-off date 1 (February 2020) = 50% refund
- Cut-off date 2 (May 2020) = 25% refund
- Cut-off date 3 (July 2020) = 0% refund

All squad members, including the non-travelling reserves (NTR) will be required to pay the commitment deposits as set out above. The NTR's will only be expected to pay the first deposit. Should you wish to apply for special dispensation in this regard, please forward an email setting out your request to Pieter Scholtz at [finance@samastershockey.co.za](mailto:finance@samastershockey.co.za)

### WC Nottingham, England

We have estimated the total cost of the WC participation to be approximately R35 000 per person. The estimate is made up as follows:

- Flights : R 8 500 (Flights to be arranged by individuals)
- Accommodation (12 nights) : R12 870
- Tournament levy : R 1 170 (\*\*\*) subject to change, dependent on IMHA fees
- Tournament transport : R 4 875
- Miscellaneous : R 7 585 (Coaches/Managers subsidy; kit; etc.)
- **Total Cost** : **R 35 000**

We will be attempting to reduce the costs as we firm up the process. The costs exclude personal expenses and visa costs for those travelling from the rest of the country. The flights are to be arranged on an individual basis in accordance with team guidelines.

All attempts must also be made to get sponsorship per individual or team to reduce these costs.

### **Commitment deposit schedule**

An issue of importance remains commitment of players after selection – previously a number of players made themselves available and once selected pulled out of the team. This created issues in terms of finalizing teams and ensuring adequate players in squads.

Deposit schedule:

- 31 November 2019 – R12 000
- 28 February 2020 – R10 500
- 30 April 2020 – R4 500

We understand that certain circumstances may prevent you from participating at the World Cup (i.e.) injury. All withdrawals will be reviewed by the SAMHA Executive. A penalty fee will be applied to the deposit fee for player withdrawals as per the below scale:

- Cut-off date 1 (February 2020) = 50% refund
- Cut-off date 2 (May 2020) = 0% refund

All squad members, including the non-travelling reserves (NTR) will be required to pay the commitment deposits as set out above. The NTR's will only be expected to pay the first deposit. Should you wish to apply for special dispensation in this regard, please forward an email setting out your request to Pieter Scholtz at [finance@samastershockey.co.za](mailto:finance@samastershockey.co.za).

### **WC Squad Announcement – 10 August 2019**

We intend announcing our WC squad including four non-travelling reserves on 10 August 2019 after the conclusion of the finals medals ceremony at Saint Stithians. The squad members are expected to meet with the manager and coaches after the announcement for a short discussion.

The entire squad including the non-travelling reserves will be participating in the **Africa Invitational Series from 20-24 November 2019** provisionally in Cape Town. We are planning a **national camp at the end of the first quarter 2020** at a venue to be determined. The coaches have been tasked with compiling detailed training programmes and schedules for the respective teams.

### **SA Masters WC Trials – Wednesday 7 August 2019**

Final trials and Masters IPT are around the corner. The selectors have decided not to exclude any of the trialists from the final trials on 7 August 2019 in the interests of fairness and in an attempt to provide all trialists with a further opportunity. Please see details below in preparation for trials:

- You need to have **registered** and **paid the once off R500 levy** to be eligible for selection.
  - Registrations close – 26 July 2019
  - Payments close – 1 August 2019
  - Payment details:
    - FNB Current Account: : South African Masters Hockey Association
    - Branch Name: Sandton City
    - Branch Code: 254605

- Account Number: 62750268370
- All players are **required to attend final trials on Wed 7 August 2019 in Johannesburg**,
  - Final trials will take place at Randburg astro and St Stithians College.
  - **Ladies trials will be at Randburg as follows:**
    - Registration at 9 – 9.30am; Matches begin at 10am. Trials will end at 3.30/4pm.
    - As we have many players attending trials, we ask you to be patient and understanding of the procedure for the day and to plan accordingly.
  - **Mens trials will be at St Stithians College** as follows:
    - Registration at 9 – 9.30am; Matches begin at 10am. Trials will end at 3.30/4pm.
    - As we have many players attending trials, we ask you to be patient and understanding of the procedure for the day and to plan accordingly.
  - **No late registrations and levy payments will be accepted on the day.**
- If you are not able to attend final trials and/or masters IPT you are **required to apply to the SAHMA executive in writing and request dispensation** clearing stating the extenuating circumstances.  
Dispensation is not a guarantee for selection.

### **Fitness Assessments**

Elaine Harvey has been tasked with the responsibility of leading the physical conditioning aspect of our WC preparation. The fitness goal for World Cup 2020 is to get each and every player to their respective tournaments in the best physical condition. The highest priority being injury analysis, prevention and management. In order to achieve this objective, there will be a total of five assessments over the build-up period. The first one will be done by a team of biokineticists on a provincial level on the 7th of September 2019. Elaine will share more details with the selected squad on 10 August 2019.

**We look forward to seeing you at the trials!**

**For the Love of the Game**

**SA Masters Executive**